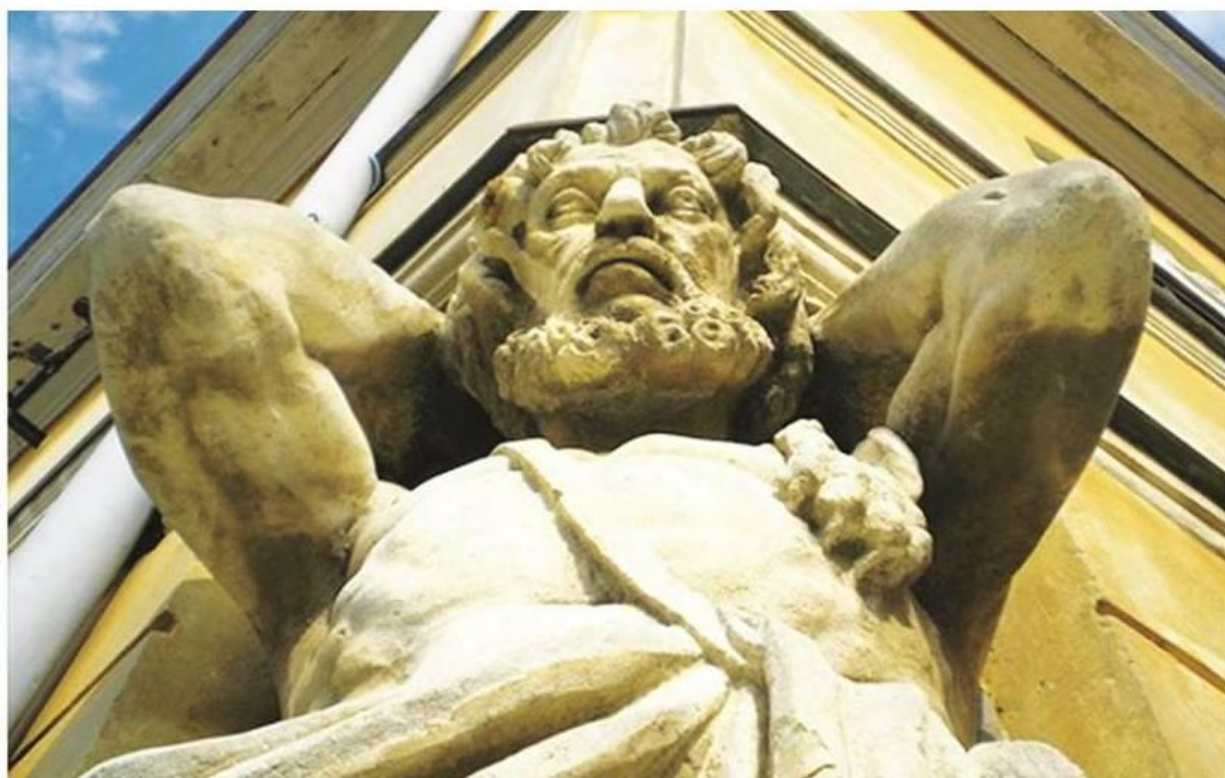


NITRACUP

INTERNATIONAL TAEKWON-DO TOURNAMENT
MARCH 4, 2017



ITF TAEKWON-DO CHAMPIONSHIP 2017 OPEN

11th NITRA CUP

Dear Mr., Mrs. President, Leader of a team,

we would like to invite you to **the 11th NITRA CUP**, an annual competition in Taekwon-Do ITF for children, juniors and seniors in Nitra.

I'm looking forward to Your participation.

Ivan Kiko

President of the Slovak Taekwon-do Alliance

Place: Športová hala SPU,
Street: Československej armády 1, 94976 Nitra

Date: **March 4, 2017**

Disciplines: individual pattern from 8. cup
individual sparring from 8. cup
individual power breaking from 6. cup

Organizator: **SLOVENSKÁ TAEKWON-DO ALIANCIA**
KBU UKF NITRA (tkd.nitra@gmail.com, tel. +421 904 966 775)

Technical support: **Sonkal Praha**

Director of competition: Ivan Kiko, IV. dan
(tkd.nitra@gmail.com, tel. +421 904 966 775)

Head Referee: Vladimír Slávik V. dan

Doctor: MUDr.Ján Korch PhD.

Competitor registration: **Deadline on February 28, 2017 till 22:00h (10 p.m.); e-mail: tkd.nitra@gmail.com**

Presentation and accommodation will take place on March 3, 2017 (one day before the competition) in **hotel ABC NITRA** (Novozámocká 220/622, 949 05, Nitra, GPS: N 48 15.584 E 18 06.309) from **19:00-22:00h (7 – 10 p.m.)**.

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Fees:

Start-up fee	20 EUR
Higher category	2 EUR

Accommodation and meals prices:

Accommodation	Lunch in the Sports Hall
ABC HOTEL *** Nitra	
Category B 16 EURO / night / person + breakfast (1 bathroom per 2 rooms)	Lunch – 4 EURO
Category A 19 EURO / night / person + breakfast (each room with bathroom)	

Accommodation: ABC HOTEL *** Nitra (cca 3km from the Sports Hall)
-breakfast is served in the buffet style (Swedish style).
Free Wi-Fi connection available.

After party: After party ticket is included in the Nitra cup fee and it will take a place in ABC HOTEL *** Nitra.

Draws will be done one day before the competition on March 3, 2017.

! We kindly ask you to **fill up correctly your applications**, because there will not be possible to make changes on the tournament day!

Competition schedule:

Friday, March 3, 2017

19:00-22:00 – Presentation of competitors, weighing + accommodation (ABC HOTEL Nitra).

Saturday, March 4, 2017

7:00 – 8:00	Arrival to the Sports Hall
8:00	Referees meeting, rings scheduling
8:30	Opening ceremony and beginning of the competition
18:00	Closing ceremony
21:00	After party

PROPOSITIONS OF THE COMPETITION:

Groups:	Younger children	year of birth – from 2007 and younger
	Older children	year of birth – from 2004 to 2006
	Juniors	year of birth – from 1999 to 2003
	Senior	year of birth – from 1998 and older

Disciplines and categories:

PATTERN

Younger children (M)	8.+7., 6.+5., 4.+3., 2.cup +
Younger children (F)	8.+7., 6.+5., 4.+3., 2.cup +
Older children (M)	8.+7., 6.+5., 4.+3., 2.cup +
Older children (F)	8.+7., 6.+5., 4.+3., 2.cup +
Juniors (M)	8.+7., 6.+5., 4.+3., 2.+1. cup, I., II. Dan+
Juniors (F)	8.+7., 6.+5., 4.+3., 2.+1. cup, I., II. Dan+
Senior (M)	8.+7., 6.+5., 4.+3., 2.+1. cup, I., II., III.+IV. Dan
Senior (F)	8.+7., 6.+5., 4.+3., 2.+1. cup, I., II., III.+IV. Dan

Elimination:	one designated pattern
Final:	one optional and one designated pattern

In pattern category from **8th CUP and higher** holders could compete.

SPARRING

All competitors should have their own protectors for hands, feet, teeth, groin guards (male). Holders of the **8th CUP and higher** are allowed to compete in sparring; children, juniors, seniors. Competitors will compete in sparring by **the pyramid system**. Competition will follow the **EITF rules**.

Weight categories:

Younger children (M and F)	-26, -32, -38, -44, +44 kg
Older children (M and F)	-32, -38, -44, -50, +50kg
Junior (M)	-51, -57, -63, -69, -75, +75 kg
Junior (F)	-46, -52, -58, -64, -70, +70 kg
Senior (M)	-57, -64, -71, -78, -85, +85 kg
Senior (F)	-51, -57, -63, -69, -75, +75 kg

Match duration:

- Junior, Senior (M and F) 1x3 min. - elimination, 2x 2 min. finale
- Children (M and F) 1x2 min. - elimination, 2x 1,5 min. finale

Explanations:

In sparring discipline should be mandatory shown a 180° turn-jump (and more if possible) in every round during match. We will follow the rules of World Championship. Every match will begin with -2 points for every referee. The correctness of shown technique will decide the central referee, and a main referee in the ring should confirm his/her decision. If the technique is correct, a competitor will have nullified -2 points.

POWER BREAKING – WIRYOK

	ap joomuk	sonkal	yop chagi	dollyo chagi	bandae dollyo chagi
Junior (M)	2	2	3	2	2
Senior (M)	2	2	4	3	3
	sonkal	yop chagi	dollyo chagi		
Junior (F)	1	2	2		
Senior (F)	2	3	2		

REFEREES:

Every team is required to provide **1 referee for 10 competitors and 2 referees for more than 10 competitors**. A referee is required to have at least **4. CUP**. If the team cannot provide required number of referees, team will be requested to pay extra **30 EURO** per one referee. All referees will register together with their team one day prior the event (**March 3, 2017**) in the ABC HOTEL. All referees are REQUIRED to dress an ITF referee dress and be ready at any time. Accommodation **from Friday to Saturday**, meals and refreshment for referees will be provided by organizer.

Rules:

All rules of the competition are according to **EITF** rules. Every competitor should wear **official dobok ITF**.

Protest:

Protest against referee's decision must be lodged only by the coach **within 5 minutes after the end of the match**. Deposit of **25 EUR** should be paid of the head referee.

Prizes: the 1st, the 2nd or the 3rd place winners will obtain a medal.

A trophy will be given to the most successful individuals from each age group (children, juniors, adults), clubs.

Main referee and organizer of the competition reserve all rights of any changes, e.g. merging of categories. This could happen in case of a lack of competitors.

Further information:

tel.: +421 904 966 775, (+420-777-011-692)

e-mail: tkd.nitra@gmail.com

web.: www.taekwondo-nitra.eu





